

plant power



March 2020



Chartwells School Dining Services at St. Patrick's Elementary Lunch Menu March 2nd - April 3rd 2020

Student Lunch \$2.60 Reduced \$0.40

A full student lunch includes a choice of entrée supplying protein and grain, up to two (2) vegetable side dishes, two (2) fruit side dishes, and milk. Milk choices include skim white, chocolate and strawberry milk.

Monday	Tuesday	Wednesday	Thursday	Friday
Cookie w Lunch 2 Grilled Cheese Sandwich WG W Campbell Tomato Soup <u>Fruit & Veggie Bar</u> Spinach & Romaine Side Salad Cucumber Slices Rosy Applesauce Fresh Orange Wedges	Homemade Cheese Pizza 3 Sweet Potato Tots <u>Fruit & Veggie Bar</u> Spinach & Romaine Side Salad Fresh Red Pepper Strips California Raisins Fresh Grapes	Macaroni & Cheese 4 w/ soft pretzel Steamed Broccoli <u>Fruit & Veggie Bar</u> Spinach & Romaine Side Salad Fresh Baby Carrots Cole Slaw Fresh Banana	Breaded Chicken w Dinner Rolls 5 Mashed Potatoes & Gravy <u>Fruit & Veggie Bar</u> Spinach & Romaine Side Salad Fresh Grape Tomatoes Dried Cherrys LOCAL APPLE	No School 6 No Meals
Mini Corn Dog w Biscuit 9 Steamed Green Beans <u>Fruit & Veggie Bar</u> Spinach & Romaine Side Salad Fresh Baby Carrots Rosy Applesauce Fresh Orange Wedges	Chicken Tenders w Dipping Sauces 10 Peas & Carrots <u>Fruit & Veggie Bar</u> Spinach & Romaine Side Salad Fresh Red Pepper Strips Cinnamon Apple Slices Fresh Grapes	French Toast Stix w Scrambled Eggs 11 Tator Tots <u>Fruit & Veggie Bar</u> Spinach & Romaine Side Salad Shredded Carrot Sticks Chilled Peas Strawberry Cup	Spaghetti w Meatball Marinara & Breadstick 12 Steamed Broccoli <u>Fruit & Veggie Bar</u> Spinach & Romaine Side Salad Cherry Tomatoes Chilled Pears LOCAL APPLE	Cheese Quesadilla 13 Oven Fries <u>Fruit & Veggie Bar</u> Spinach & Romaine Side Salad Broccoli Bites Mixed Berrie Cup 100% Juice
Fruit Rollup w Lunch 16 Chicken Alfredo WG Dinner Roll Steamed Broccoli <u>Fruit & Veggie Bar</u> Spinach & Romaine Side Salad Fresh Baby Carrots Rosy Applesauce Fresh Orange Wedges	Walking Taco Corn Chips 17 Sweet Corn <u>Fruit & Veggie Bar</u> Spinach & Romaine Side Salad Fresh Red Pepper Strips Chilled Peaches Fresh Grapes	Sloppy Joe WG bun 18 Tator Tots <u>Fruit & Veggie Bar</u> Spinach & Romaine Side Salad Fresh Cucumber Coins Cinnamon Apple Slices Watermelon	Baked Chicken Drumstick w WG Roll 19 Mashed Potatoes & Gravy <u>Fruit & Veggie Bar</u> Spinach & Romaine Side Salad Cherry Tomatoes Chilled Pears LOCAL APPLE	Breaded Fish Sandwich WG 20 Steamed Green Beans <u>Fruit & Veggie Bar</u> Spinach & Romaine Side Salad Broccoli Bites Chilled Mixed Fruit 100% Juice
Beef/Chicken Nachos w Cheese Sauce 23 Refried Beans <u>Fruit & Veggie Bar</u> Spinach & Romaine Side Salad Fresh Grape Tomatoes Chilled Pineapple Tidbits Fresh Orange Wedges	Homemade Pepperoni Pizza 24 <u>Fruit & Veggie Bar</u> Spinach & Romaine Side Salad Broccoli Bites Chilled Peaches Fresh Grapes	Macaroni & Cheese 25 w/ soft pretzel Steamed Broccoli <u>Fruit & Veggie Bar</u> Spinach & Romaine Side Salad Fresh Cucumber Coins Cinnamon Apple Slices Fresh Banana	Bug Bites w Meal Berry Parfait w Granola 26 Strawberries <u>Fruit & Veggie Bar</u> Spinach & Romaine Side Salad Fresh Baby Carrots Chilled Pears LOCAL APPLE	Grilled Cheese Sandwich WG 27 Oven Fries <u>Fruit & Veggie Bar</u> Spinach & Romaine Side Salad Fresh Red Pepper Strips Cinnamon Apple Slices 100% Juice
Chicken Nuggets WG Dinner Roll 30 Sweet Corn <u>Fruit & Veggie Bar</u> Spinach & Romaine Side Salad Shredded Carrot Sticks Fresh Orange Wedges Cinnamon Apple Slices	Taco Tuesday Beef on Soft Shells 31 Refried Beans <u>Fruit & Veggie Bar</u> Spinach & Romaine Side Salad Fresh Celery Sticks California Raisins Cantaloupe	French Toast Stix & Sausage Links 1 Hashbrown patty <u>Fruit & Veggie Bar</u> Spinach & Romaine Side Salad Fresh Grape Tomatoes Chilled Fruit Cocktail LOCAL APPLE	Turkey Gravy over Mashed Potatoes 2 WG Dinner Roll <u>Fruit & Veggie Bar</u> Spinach & Romaine Side Salad Fresh Baby Carrots Chilled Peaches Watermelon	Bosco Cheesesticks w Dipping Sauce 3 Oven Fries <u>Fruit & Veggie Bar</u> Spinach & Romaine Side Salad Fresh Red Pepper Strips Cinnamon Apple Slices 100% Juice
Alternate Entrees (available with daily hot vegetable offering, your choice[s] from our fruit/vegetable bar, and choice of milk)				
Mondays 2) Mini Maple Pancakes w Sausage Links 3) PB&J Crustable w String Cheese, 100% Juice, Carrot Sticks & Bug Bites 4) Chef Salad Turkey/Ham	Tuesdays 2) Hot Dog WG Bun 3) Yogurt Cup, String Cheese, Blueberry Muffin, 100% Juice & Carrots 4) Chicken Caesar Salad	Wednesdays 2) WG Pizza Dunkers w Cheese & Pizza Sauce 3) Mini Turkey Sub Fun Meal 100% Juice, Raisins and Fruit Rollup 4) Chef Salad Turkey/Ham	Thursdays 2) Popcorn Chicken w Dinner Roll WG 3) Yogurt Cup w Whole Grain Cereal, cheese stick, 100% Juice & Carrot Sticks 4) Chicken Caesar Salad	Fridays 2) WG Tony's Cheese Pizza 3) Cold Nacho Fun Lunch: Tortilla Scoops, Cheddar Cheese, Salsa, Raisins 4) Chef Salad Turkey/Ham

Questions or Comments? Please call Steve Pell, Food Service Director 517-647-2984 or spell@portlandk12.org

Do you think your family may qualify for free or reduced meals? Apply on-line: www.lunchapp.com

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