

Shamrock News

The yearly St. Patrick School Calendar is here.

9/8/23

<u>St. Patrick Women's Retreat</u>: All women are invited to attend on Sunday, Sept. 10 from 11a-4p in the Parish Hall the guest speaker is Sheri Wohlfert, lunch is included, and it is free. Please RSVP to carolynheckman@portlandstpats.org.

St. Patrick Parish Youth Groups Beginning: We are so excited that our youth group programs will be starting up over the next few weeks! These programs promise to be fun and engaging while allowing the students to dive deeper into their relationship with our Lord and each other! Please encourage your middle school and high school students to attend!

Edge Middle School Youth Ministry Kickoff: Sunday, September 17, 5:30 pm - 7:00 pm (grass area corner of Center St and Church St).

Life Teen High School Youth Ministry Kickoff: Sunday, October 1, 2023 7:30 pm - 9:00 pm in the Parish Hall.

6th Grade Youth Group Social Night: Friday, October 20, 7:00 pm - 9:00 pm in the Parish Hall.

Questions? Contact Nikki Brown at

nikkibrown@portlandstpats.org

<u>St. Patrick Homecoming Shirts</u>: Shirts are on sale at Fabricated Customs for \$17. <u>Order online here</u>. The pre-order will close on Sunday, September 17 at 8:00pm.



Friday, Sept. 15 No afternoon busing - Portland Public School 1/2 day

> Friday, Oct. 6 No School - Parent/Teacher Conferences No Preschool

Friday, Oct. 13 No busing - Portland Public School not in session

🕷 Shamrock Pride 🚜



Calendar of Events

9/9 SPS Class of 1973 50th Reunion
Var. XC @ Bath Bret Clements INV 9a
5/6 VB Green Team vs. St. Mary & St. Gerard @ St. Mary 9:30a
5/6 VB White Team vs. St. Gerard & St. Mary @ SPS 10a
Var. FB vs. Sacred Heart @ PHS 7p

- 9/11 7/8 gr. VB vs. Fowler @ SPS 5p JV & Var. VB @ Webberville 5:30p
- 9/12 Var. XC @ Eaton Rapids Class XC INV 4p 7/8 gr. FB vs. St. Charles @ FFF 5p
- 9/13 Mass for grades 9-12 9:30a JV FB vs. Morrice @ FFF 5p

JV & Var. VB vs. Fowler @ SPS 5:30p PTO Meeting in Parish Hall 6p

- 9/14 Mass for grades K-8 9:30a 7/8 gr. VB @ P-W 5p
- 9/15 No afternoon busing PPS 1/2 day Var. XC @ MSU INV 1p Var. FB @ Morrice 7p
- 9/16 Var. VB @ Webberville 9a 5/6 VB Green Team vs. St. Mary & St. Gerard @ SPS 10a

5/6 VB White Team vs. St. Thomas & IHM @ IHM 10a

St. Patrick School 122 West Street

Portland, MI 48875

www.portlandstpats.com



Please complete, include payment, and return to the School office. Cash or checks made payable to St. Patrick.

NAME	
NAME	
NAME	
NAME	
NAME	
NAME	
TOTAL	\$

Your name(s) will be on a list at the door. To receive ticket confirmation, please include email or phone number:

PTO FALL CANDLE FUNDRAISER



SEPT. 15-25, 2023

"COURTNEY'S CANDLES HAS A GREAT LINE UP OF FALL SCENTS"

APPLE MAPLE BOURBON AUTUMN GLOW CINNAMON VANILLA PORTLAND RIVER TRAIL PUMPKIN SOUFFLE

PTO RECIEVES 30% OF ALL SALES

FOR EVERY \$100 IN PRODUCT SOLD YOU RECIEVE AN OUT OF DRESS CODE SLIP AND A CHANCE TO WIN A PAINTING PARTY FOR 8!

FUNDRAISING FRAGRANCES

APPLE MAPLE BOURBON

This wonderful scent starts with top notes of apple and cinnamon. A hint of orange enhances the bourbon and butter while maple and vanilla finish off this irresistible baked apple dessert.

AUTUMN GLOW

Our autumn glow scent adds a new layer of sophistication to traditional woodsy fall scents with vivid notes of eucalyptus, cypress, smoke, and tonka bean. This crisp fresh candle is enjoyed year round.

CINNAMON VANILLA

A perfect combination of the full bodied scent of spicy cinnamon with the sweet and creamy aroma of vanilla.

PUMPKIN SOUFFLE

This is our best selling pumpkin scent. It has a warm bakery scent that is not overly sweet. Perfect for the season.

PORTLAND RIVER TRAIL

This is a clean, woodsy, fragrance with a musky sweet aroma. It is truly one that is great for both men and women.

ALL FRAGRANCES ARE ARE INFUSED WITH NATURAL ESSENTIAL OILS AND MEET CALIFORINA SAFETY STANDARDS

Produced from American grown soybeans Cotton wicks with paper threads are free from lead and zinc. Each candle is personally hand poured in Portland, MI

JOIN US!

YOU'RE INVITED! ALL AGES, RUNNERS AND WALKERS!

Join us for our 4th annual 1 mile Fun Run! This family friendly community event will be a colorful memory for all!



REGISTER NOW!

REGISTRATION FORM AND FEE DUE BY SEPTEMBER 15TH: \$25 PER PERSON OR \$100 FAMILY MAX

RUN DAY REGISTRATION: \$30 (SHIRT NOT GUARANTEED)

CHILDREN 5 & UNDER: Free" "no shirt provided

(Babies/Toddiers in strollers or wagons are welcome! Please protect your personal items with plastic/towels/etc.)



Submit form and fee to St. Pat's School Office. Forms received after 9/15 are not guaranteed a t-shirt.

PROCEEDS BENEFIT: St. Patrick School PTO

7th 2023 REGISTRATION 8:00 A.M. RUN START

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RUN START 9:00 A.M.

LOCATION: Teacher's Parking Lot at St. Patrick's School

pto@portlandstpats.or;

ST. PATRICK SCHOOL PTO 4th ANNUAL COLOR RUN Saturday, October 7, 2023, 9am **Registration starts at 8am**

FAMILY NAME				
PARTICIPANTS:				
NAME	AGE	GRADE	SHIRT SIZE	
NAME	AGE	GRADE	SHIRT SIZE	
NAME	AGE	GRADE	SHIRT SIZE	
NAME	AGE	GRADE	SHIRT SIZE	
NAME	AGE	GRADE	SHIRT SIZE	
ADDRESS				
PHONE				
		-		
EMERGENCY CONTACT			PHONE	
ENTRY FEE: (Please make checks	payable to St.	Patrick PTO)		
REGISTRATION PRIOR TO SEPT 1	5th: \$25 (shirt a	nd color packet not	guaranteed after this date)	
RUN DAY REGISTRATION: \$30				
FAMILY REGISTRATION (PRIOR T	O SEPT 15th O	NLY): \$100 FAMILY	(MAXIMUM	
RELEASE AND WAIVER (PLEASE	READ AND SIG	iN)		

Running is a potentially dangerous activity. I should not enter the walk/run unless I am medically able. I assume any risks associated with participating in this event including but not limited to falls, contact with other participants, the effects of weather and conditions of the road/trail. I understand I am solely responsible for my own safety during the event and traveling to and from the event. Having read this waiver and knowing these facts, and in consideration of my entry, I for myself and anyone entitled to act on my behalf, waive and release St. Patrick School, the Township of Portland, the City of Portland, and all of their liabilities of any kind arising out of my participation in this event even though liability may arise out of negligence or carelessness on the part of the persons named in this waiver. The undersigned further grants full permission to use any photographs, videos, recordings of the event for any purpose. (Minors need parent signature)

X ______ DATE _____

Submit form and money to the SPS office

Capturing Kids' Hearts | Family Newsletter #2

Connect with Heart

Understanding and feeling what

This month, we're focusing on empathy and challenging students to make sure that everyone they interact with feels seen, heard, and valued. We are partnering with you to grow and develop empathy in your student at home. As a family, use these activities to reflect on and better understand the needs of others.

ENGAGE: Celebrate Differences

Generate a list of each family member's favorite things, such as their favorite ice cream flavor or favorite thing to do. Identify any similar answers and celebrate those things you have in common. Discuss how those similarities might impact your family and your relationships. Identify and celebrate each other's differences. How might those differences impact your family? How do your differences make you strong? Use this example as a reminder for your child-and your family- to celebrate our unique differences. We are better TOGETHER!

EMPOWER: Build a Family Social Contract

Schedule time to have a family meeting and develop a family Social Contract together. Ask everyone to answer these questions:

How do we want to treat each other?

• How do we want to treat each other when there is conflict? Write down any words you identify as a family (respect, kind, honest) and ask each member to commit to the contract by signing it.

EXCEL: Find the Light. Be the Light.

As a family, brainstorm a list of 3-5 individuals you typically encounter during the day who may not receive many notes or words of affirmation or appreciation. Consider people who make your day brighter or provide a needed service, like your mail carrier, the cashier at your local store, or a neighbor. Ask each person in your family to write a note thanking that person for "Being a Light."

Conversation Starters

- What can you do to show people you care about them? How does listening to others help them know you care?
- Vhat can you do or say to show that you are listening to others?
- Describe what it means to "make someone's day."











Join us Thursday, September 14, 2023 5k for Mental Health Awareness



visit www.rightdoor.org to register

Registration begins @ 5:00 5k will begin @ 6:00

Cost of participation is a non-perishable item to be donated

to a local bank. Complimentary food will be served at the finish line.

therightdoor.org

