

What's on the Menu?

Elementary Lunch \$2.60 MS/HS Lunch \$2.85 Adult \$5.25

A full student lunch includes a choice of entrée supplying protein and grain, up to two (2) vegetable side dishes, two (2) fruit side dishes, and milk. Milk choices include skim white, chocolate and strawberry milk.

Monday	Tuesday	Wednesday	Thursday	Friday
8 Mini Corn Dogs & Pretzel Rod Steamed Broccoli Spinach & Romaine Side Salad Mixed Fruit Cup Fresh Baby Carrots	9 Taco Tuesday Taco w/ Shredded Lettuce Refried Beans Spinach & Romaine Side Salad Fresh Red Pepper Strips Rosy Applesauce	10 Pepperoni Pizza Tator Tots Spinach & Romaine Side Salad Cherry Tomatoes Fresh Banana	11 Chicken Patty WG Bun Oven Fries Spinach & Romaine Side Salad Chilled Diced Peaches Fresh Orange	12 Pizza Cruncher Seasoned Green Beans Spinach & Romaine Side Salad LOCAL APPLE Strawberry Cup
15 No School	16 Walking Taco Refried Beans Spinach & Romaine Side Salad Fresh Red Pepper Strips Rosy Applesauce	17 Waffles & Sausage Patty Tator Tots Spinach & Romaine Side Salad Cherry Tomatoes Fresh Banana	18 Spaghetti w Meatsauce & WG Breadstick Steamed Broccoli Spinach & Romaine Side Salad Mixed Fruit Cup Fresh Baby Carrots	19 Hotdog on a Bun Baked Beans Spinach & Romaine Side Salad Assorted Fresh Fruits Assorted Fresh Veggies
22 Sweet & Sour Chicken with Fried Rice Snap peas & Egg Roll Spinach & Romaine Side Salad Fresh Baby Carrots Fresh Orange Wedges	23 Taco Salad Refried Beans Spinach & Romaine Side Salad Fresh Red Pepper Strips Chilled Peaches	24 Macaroni & Cheese w/ soft pretzel Steamed Broccoli Spinach & Romaine Side Salad Applesauce Cup 100% Juice	25 Mashed Potato Bowl w/ Breadstick Seasoned Green Beans Spinach & Romaine Side Salad Chilled Peaches Strawberry Cup	26 Ravioli with Meat Sauce Breadstick Spinach & Romaine Side Salad Cherry Tomatoes Cinnamon Apple Slices
29 Chicken Nuggets & WG Dinner Roll Oven Fries Spinach & Romaine Side Salad Cherry Tomatoes Chilled Pears	30 Beef Nachos Refried Beans Spinach & Romaine Side Salad Chilled Diced Peaches Fresh Orange	31 Chicken Fajita Steamed Broccoli Spinach & Romaine Side Salad Chilled Mix Fruit Fresh Baby Carrots	1 Hotdog on WG Bun Tator Tots Spinach & Romaine Side Salad Fresh Baby Carrots CINNAMON APPLE SLICES	2 Lasagana Roll Up Breadstick Seasoned Green Beans Spinach & Romaine Side Salad Strawberry Cup LOCAL APPLE
Alternate Entrees (available with daily hot vegetable offering, your choice[s] from our fruit/vegetable bar, and choice of milk)				
Mondays	Tuesdays	Wednesdays	Thursdays	Fridays
2) French toast w/ sausage 3) Pizza Kit, 100% Juice, Carrot Sticks & Bug Bites 4) Chef Salad Turkey/Ham	2) Bosco Cheese Breadstick w/ pizza sauce 3) Yogurt Cup, String Cheese, Blueberry Muffin, 100% Juice & Carrots 4) Chef Salad Ham/Turkey	2) Cheeseburger on WG Bun 3) Mini Ham Sub Fun Meal 100% Juice, Raisins and Fruit Rollup 4) Chef Salad Turkey/Ham	2) Popcorn Chicken and Pretzel Stick 3) Yogurt Cup w Whole Grain Cereal, cheese stick, 100% Juice & Carrot Sticks 4) Chef Salad Turkey/Ham	2) Cheese Pizza 3) Cold Nacho Fun Lunch: Tortilla Scoops, Cheddar Cheese, Salsa, Raisins 4) Chef Salad Turkey/Ham

Questions or Comments? Please call Steve Pell, Food Service Director 517-647-2984 or spell@portlandk12.org

Do you think your family may qualify for free or reduced meals? Apply on-line: www.portland.familyportal.cloud

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