

What's on the Menu?

Chartwells School Dining Services at St Patricks Lunch Menu February 5th-March 1st

All meals available free to all public school students for the 23-24 school year Adult \$5.25

A full student lunch includes a choice of entrée supplying protein and grain, up to two (2) vegetable side dishes, two (2) fruit side dishes, and milk. Milk choices include skim white, chocolate and strawberry milk.

Monday	Tuesday	Wednesday	Thursday	Friday
5 Mini Corn Dogs & Pretzel Rod Steamed Broccoli Spinach & Romaine Side Salad Mixed Fruit Cup Fresh Baby Carrots	6 Taco Tuesday Taco w/Shredded Lettuce Refried Beans Spinach & Romaine Side Salad Fresh Red Pepper Strips Rosy Applesauce	7 Pepperoni Pizza Tator Tots Spinach & Romaine Side Salad Cherry Tomatoes Fresh Banana	8 Cheeseburger on WG Bun Oven Fries Spinach & Romaine Side Salad Chilled Diced Peaches Fresh Orange	9 Pizza Cruncher Seasoned Green Beans Spinach & Romaine Side Salad LOCAL APPLE Strawberry Cup
12 Sweet & Sour Chicken with Fried Rice Snap peas & Egg Roll Spinach & Romaine Side Salad Fresh Baby Carrots Fresh Orange Wedges	13 Walking Taco Refried Beans Spinach & Romaine Side Salad Fresh Red Pepper Strips Rosy Applesauce	14 Waffles & Scrambled Eggs Tator Tots Spinach & Romaine Side Salad Cherry Tomatoes Fresh Banana	15 Spaghetti w Meatsauce & WG Breadstick Steamed Broccoli Spinach & Romaine Side Salad Mixed Fruit Cup Fresh Baby Carrots	16 1/2 Day No Lunches
19 No School	20 No School	21 Macaroni & Cheese w/ soft pretzel Steamed Broccoli Spinach & Romaine Side Salad Applesauce Cup 100% Juice	22 Mashed Potato Bowl w/ Breadstick Seasoned Green Beans Spinach & Romaine Side Salad Chilled Peaches Strawberry Cup	23 Ravioli with Meat Sauce Breadstick Spinach & Romaine Side Salad Cherry Tomatoes Cinnamon Apple Slices
26 Chicken Nuggets' & WG Dinner Roll Oven Fries Spinach & Romaine Side Salad Cherry Tomatoes Chilled Pears	27 Beef Nachos Refried Beans Spinach & Romaine Side Salad Chilled Diced Peaches Fresh Orange	28 Chicken Fajita Steamed Broccoli Spinach & Romaine Side Salad Chilled Mix Fruit Fresh Baby Carrots	29 Hotdog on WG Bun Tator Tots Spinach & Romaine Side Salad Fresh Baby Carrots CINNAMON APPLE SLICES	1 Horchata Parfait Cinnamon Goldfish Seasoned Green Beans Spinach & Romaine Side Salad Strawberry Cup LOCAL APPLE
Alternate Entrees (available with daily hot vegetable offering, your choice[s] from our fruit/vegetable bar, and choice of milk)				
Mondays	Tuesdays	Wednesdays	Thursdays	Fridays
2) French Toast Stix w/ sausage patty 3) Pizza Kit, 100% Juice, Carrot Sticks & Bug Bites 4) Chef Salad Turkey/Ham	2) Bosco Cheese Breadstick w/ pizza sauce 3) Yogurt Cup, String Cheese, Blueberry Muffin, 100% Juice & Carrots 4) Chef Salad Ham/Turkey	2) Chicken Patty on WG Bun 3) Mini Ham Sub Fun Meal 100% Juice, Raisins and Fruit Rollup 4) Chef Salad Turkey/Ham	2) Popcorn Chicken and Pretzel Stick 3) Yogurt Cup w Whole Grain Cereal, cheese stick, 100% Juice & Carrot Sticks 4) Chef Salad Turkey/Ham	2) Cheese Pizza 3) Cold Nacho Fun Lunch: Tortilla Scoops, Cheddar Cheese, Salsa, Raisins 4) Chef Salad Turkey/Ham

Questions or Comments? Please call Steve Pell, Food Service Director 517-647-2984 or spell@portlandk12.org

Do you think your family may qualify for free or reduced meals? Apply on-line: www.portland.familyportal.cloud

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