

# What's on the Menu?

## Chartwells School Dining Services at Oakwood & Westwood

### Lunch Menu March 4th-29th

**All meals available free to all public school students for the 23-24 school year Adult \$5.25**

A full student lunch includes a choice of entrée supplying protein and grain, up to two (2) vegetable side dishes, two (2) fruit side dishes, and milk. Milk choices include skim white, chocolate and strawberry milk.

Monday	Tuesday	Wednesday	Thursday	Friday
<b>4</b> <b>Mini Corn Dogs &amp; Pretzel Rod</b> Steamed Broccoli Spinach & Romaine Side Salad Mixed Fruit Cup Fresh Baby Carrots	<b>5</b> <b>Taco Tuesday</b> <b>Taco w/Shredded Lettuce</b> Refried Beans Spinach & Romaine Side Salad <b>Fresh Red Pepper Strips</b> Rosy Applesauce	<b>6</b> <b>Pepperoni Pizza</b> Tator Tots Spinach & Romaine Side Salad <b>Cherry Tomatoes</b> Fresh Banana	<b>7</b> <b>Chicken Patty WG Bun</b> Oven Fries Spinach & Romaine Side Salad <b>Chilled Diced Peaches</b> Fresh Orange	<b>8</b> <b>Macaroni &amp; Cheese w/ soft pretzel</b> Seasoned Green Beans Spinach & Romaine Side Salad <b>LOCAL APPLE</b> <b>Strawberry Cup</b>
<b>11</b> <b>Sweet &amp; Sour Chicken with Fried Rice</b> Snap peas & Egg Roll Spinach & Romaine Side Salad <b>Fresh Baby Carrots</b> Fresh Orange Wedges	<b>12</b> <b>Walking Taco</b> Refried Beans Spinach & Romaine Side Salad <b>Fresh Red Pepper Strips</b> Rosy Applesauce	<b>13</b> <b>Waffles &amp; Sausage Patty</b> Hashbrown Spinach & Romaine Side Salad <b>Cherry Tomatoes</b> Fresh Banana	<b>14</b> <b>Spaghetti w Meatsauce &amp; WG Breadstick</b> Steamed Broccoli Spinach & Romaine Side Salad Mixed Fruit Cup Fresh Baby Carrots	<b>15</b> <b>Grilled Cheese Sand</b> Seasoned Green Beans Spinach & Romaine Side Salad <b>Strawberry Cup</b> <b>LOCAL APPLE</b>
<b>18</b> <b>Ravioli with Meat Sauce</b> Breadstick & Peas Spinach & Romaine Side Salad <b>Cherry Tomatoes</b> Cinnamon Apple Slices	<b>19</b> <b>Taco Salad</b> Refried Beans Spinach & Romaine Side Salad <b>Fresh Red Pepper Strips</b> Chilled Peaches	<b>20</b> <b>Macaroni &amp; Cheese w/ soft pretzel</b> Steamed Broccoli Spinach & Romaine Side Salad <b>Applesauce Cup</b> 100% Juice	<b>21</b> <b>Mashed Potato Bowl w/Breadstick</b> Seasoned Corn Spinach & Romaine Side Salad <b>Chilled Peaches</b> <b>Strawberry Cup</b>	<b>22</b> St. Pats Chips : Cheese
<b>25</b> <b>Chicken Nuggets &amp; WG Dinner Roll</b> Baked Beans Spinach & Romaine Side Salad <b>Cherry Tomatoes</b> Chilled Pears	<b>26</b> <b>Beef Nachos</b> Refried Beans Spinach & Romaine Side Salad <b>Chilled Diced Peaches</b> Fresh Orange	<b>27</b> <b>Hotdog on WG Bun</b> Tator Tots Spinach & Romaine Side Salad Chilled Mix Fruit <b>Fresh Baby Carrots</b>	<b>28</b> <b>Chicken Fajita</b> Mexican Corn Spinach & Romaine Side Salad <b>Fresh Baby Carrots</b> CINNAMON APPLE SLICES	<b>29</b> <b>No School</b> <b>Start of Spring Break</b>
<b>Alternate Entrees</b> (available with daily hot vegetable offering, your choice[s] from our fruit/vegetable bar, and choice of milk)				
<b>Mondays</b> 2) French Toast Stix w/ Sausage 3) Pizna Kit, 100% Juice, Carrot Sticks & Bug Bites 4) Chef Salad Turkey/Ham	<b>Tuesdays</b> 2) Bosco Cheese Breadstick w/ pizza sauce 3) Yogurt Cup, String Cheese, Blueberry Muffin, 100% Juice & Carrots 4) Chef Salad Ham/Turkey	<b>Wednesdays</b> 2) Chicken Patty on WG Bun 3) Mini Turkey Sub Fun Meal 100% Juice, Raisins and Fruit Rollup 4) Chef Salad Turkey/Ham	<b>Thursdays</b> 2) Popcorn Chicken and Pretzel Stick 3) Yogurt Cup w Whole Grain Cereal, cheese stick, 100% Juice & Carrot Sticks 4) Chef Salad Turkey/Ham	<b>Fridays</b> 2) Cheese Pizza 3) Cold Nacho Fun Lunch: Tortilla Scoops, Cheddar Cheese, Salsa, Raisins 4) Chef Salad Turkey/Ham

Questions or Comments? Please call Steve Pell, Food Service Director 517-647-2984 or [spell@portlandk12.org](mailto:spell@portlandk12.org)

Do you think your family may qualify for free or reduced meals? Apply on-line: [www.portland.familyportal.cloud](http://www.portland.familyportal.cloud)

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