

# October 2025 Lunch Menu

**Student Lunch Middle/High \$3.00, Elementary \$2.75 Milk \$.60**

A full student lunch includes a choice of entrée supplying protein and grain, up to two (2) vegetable side dishes, two (2) fruit side dishes, and milk. Milk choices include skim white and skim chocolate.

OCTOBER MENU				
<i>Monday</i>	<i>Tuesday</i>	<i>Wednesday</i>	<i>Thursday</i>	<i>Friday</i>
<b>29</b>  <b>Choice Of:</b>  1) Spaghetti and Meatballs 2) Chicken Sandwich 3) Build Your Own Pizza Fun Lunch 4) Chef Salad Ham/Turkey	<b>30</b>  <b>Choice Of:</b>  1) Chicken & Black Bean Rice Bowl 2) Cheese Pizza Cruncher 3) Yogurt & Graham Cracker Fun Lunch 4) Chef Salad Ham/Turkey	<b>1</b>  <b>Choice Of:</b>  1) Waffles w/ Sausage Patty & Tater Tots 2) Cheeseburger 3) Biscuit & Turkey Ham Fun Lunch 4) Chef Salad Ham/Turkey	<b>2</b>  <b>Choice Of:</b>  1) Beef Taco Tots 2) Popcorn Chicken 3) Cereal, Goldfish, & Yogurt Fun Lunch 4) Chef Salad Ham/Turkey	<b>3</b>  <b>No School</b>
<b>6</b>  <b>Choice Of:</b>  1) Meatballs Marinara w/ Spaghetti 2) Chicken Sandwich 3) Build Your Own Pizza Fun Lunch 4) Chef Salad Ham/Turkey	<b>7</b>  <b>Choice Of:</b>  1) Soft Beef Taco 2) Cheese Pizza Cruncher 3) Yogurt & Graham Cracker Fun Lunch 4) Chef Salad Ham/Turkey	<b>8</b>  <b>Choice Of:</b>  1) Waffles w/ Scrambled Eggs & Tater Tots 2) Cheeseburger 3) Biscuit & Turkey Ham Fun Lunch 4) Chef Salad Ham/Turkey	<b>9</b>  <b>Choice Of:</b>  1) Cheese Pizza Cruncher 2) Boneless Chicken Wings 3) Cereal, Goldfish, & Yogurt Fun Lunch 4) Chef Salad Ham/Turkey	<b>10</b>  <b>Choice Of:</b>  1) Chicken & Cheese Quesadilla 2) Pepperoni Pizza 3) Nachos, Cheese, & Salsa Fun Lunch 4) Chef Salad Ham/Turkey
<b>13</b>  <b>Choice Of:</b>  1) Mini Corn Dogs w/Dinner Roll 2) Chicken Sandwich 3) Build Your Own Pizza Fun Lunch 4) Chef Salad Ham/Turkey	<b>14</b>  <b>Choice Of:</b>  1) Beef Walking Tacos 2) Cheese Pizza Cruncher 3) Yogurt & Graham Cracker Fun Lunch 4) Chef Salad Ham/Turkey	<b>15</b>  <b>Choice Of:</b>  1) Macaroni & Cheese w/ Dinner Roll 2) Cheeseburger 3) Biscuit & Turkey Ham Fun Lunch 4) Chef Salad Ham/Turkey	<b>16</b>  <b>Choice Of:</b>  1) Trix Mini French Toast w/ Scrambled Eggs 2) Boneless Chicken Wings 3) Cereal, Goldfish, & Yogurt Fun Lunch 4) Chef Salad Ham/Turkey	<b>17</b>  <b>Choice Of:</b>  1) Ham & Cheese Wrap 2) Pepperoni Pizza 3) Nachos, Cheese, & Salsa Fun Lunch 4) Chef Salad Ham/Turkey
<b>20</b>  <b>Choice Of:</b>  1) Tangerine Chicken w/Fried Rice 2) Chicken Sandwich 3) Build Your Own Pizza Fun Lunch 4) Chef Salad Ham/Turkey	<b>21</b>  <b>Choice Of:</b>  1) Beef Nachos 2) Cheese Pizza Cruncher 3) Yogurt & Graham Cracker Fun Lunch 4) Chef Salad Ham/Turkey	<b>22</b>  <b>Choice Of:</b>  1) Hot Dog 2) Cheeseburger 3) Biscuit & Turkey Ham Fun Lunch 4) Chef Salad Ham/Turkey	<b>23</b>  <b>1/2 Day of School</b>	<b>24</b>  <b>No School</b>
<b>27</b>  <b>Choice Of:</b>  1) Chicken Nuggets w/Fries 2) Chicken Sandwich 3) Build Your Own Pizza Fun Lunch 4) Chef Salad Ham/Turkey	<b>28</b>  <b>Choice Of:</b>  1) Pasta w/Spaghetti Meat Sauce 2) Cheese Pizza Cruncher 3) Yogurt & Graham Cracker Fun Lunch 4) Chef Salad Ham/Turkey	<b>29</b>  <b>Choice Of:</b>  1) Chicken Soft Tacos 2) Cheeseburger 3) Biscuit & Turkey Ham Fun Lunch 4) Chef Salad Ham/Turkey	<b>30</b>  <b>Choice Of:</b>  1) Fiestada Pizza 2) Boneless Chicken Wings 3) Cereal, Goldfish, & Yogurt Fun Lunch 4) Chef Salad Ham/Turkey	<b>31</b>  <b>Choice Of:</b>  1) Cheese Lasagna Rollup 2) Pepperoni Pizza 3) Nachos, Cheese, & Salsa Fun Lunch 4) Chef Salad Ham/Turkey

\*\*Go to <https://portland.familyportal.cloud/> to apply for free and reduced lunch and to check out balances.